

**PROVEN RESULTS!**  
Improving Adolescent Behavior and  
Restoring Families for 22 Years!

## THE PARENT PROJECT

Empowering Parents  
Transforming Teens



# THE PARENT PROJECT®

EMPOWERING PARENTS : TRANSFORMING TEENS : EMPOWERING PARENTS : TRANSFORMING

### EMPOWERING PARENTS

The Parent Project® was created specifically for parents with difficult or out-of-control adolescents. Parents learn and practice specific prevention and intervention strategies for destructive behaviors—truancy, alcohol and other drug use, gangs and other criminal behavior, running away, violence and suicide.

Parents are self-referred or can be referred to Parent Project classes by officers in the field, juvenile detectives, diversion programs, court systems, mental health professionals, and school officials.

#### PROVIDING PARENTS PROVEN METHODS:

- Preventing (stopping) alcohol, drug, and tobacco use
- Ending parent-child arguments FOREVER!
- Improving grades & school attendance
- Learning how to “out-will” a strong willed child!

#### WHAT PARENTS SAY:

We thought we had tried everything. We were wrong. This program works!

Only six weeks and very positive change in my family. Looking forward to the support group!

By the Grace of God I go, and with a little help from The Parent Project!

It was terrific! I recommend this to everyone!

#### A 22-YEAR TRACK RECORD OF PROVEN RESULTS:

- 33% reduction in juvenile recidivism, 98% drop in school expulsions, Minidoka, ID (OJJDP’s Juvenile Justice Journal, Sept. 2004)
- 73% reduction in juvenile related law enforcement calls for service (Roseville, CA, Police Department, 2006)
- Increase Youth Social Initiative, p<.001; Decrease

### CHANGING COMMUNITIES

#### THE PARENT PROJECT – WHO SHOULD ATTEND?

- Probation/Juvenile Justice
- Public/Private School Administrators & Staff
- Law Enforcement
- Mental Health & Public Health Professionals
- Spiritual-Based/Church Leaders
- Community-Based Youth Organizations

#### WHAT PARENT PROJECT FACILITATORS SAY:

Solid strategies for building community-based programs. I finally have a plan that will work!

...the most effective, enjoyable, educational training I have attended in my 23 years of police work!

You’ve succeeded and that’s the bottom line...

This is the best thing since Fruit Loops!

#### WHAT COMMUNITY LEADERS SAY:

As a judge, if I could have only one program, I’d take The Parent Project any day!

Can you believe it? We’ve seen a 33% reduction in juvenile crime! Finally, an effective, inexpensive resource for our families.

Miraculous...we’ve reduced our district’s expulsions from 58 last year to zero!

The Parent Project is Community Policing at its finest!

Youth Anti-social Behavior, p<.001; Increase Youth Academic Achievement (grades), p<.001; Reduce Family Conflict p<.001; Increase Family Time p<.05; Increase Parental Knowledge (what kids are doing with whom) p<.001; Increase Parental Connection p<.001; Increase Parental Warmth/Affection, p<.001; Increase Parental Hopefulness, p<.001 (Stolz, et. al. 2006)



# THE PARENT PROJECT®

Provides Specific, No-Nonsense Solutions to the Problems that Parents Face Today

Offers Practical and Emotional Support to Families as they Begin the Difficult Process of Change

Builds Hope for Families and Communities

## CURRICULUM

The Parent Project proudly announces the release of its 2009 edition of **Changing Destructive Adolescent Behavior**. This 10th edition of our most popular program includes gang, drug and internet updates. Based on input from our 5000 Facilitators, additional instructional improvements have been made to provide a smoother process for change.



## ABOUT THE TRAINERS

**RALPH "BUD" FRY, CO-AUTHOR.** Mr. Fry currently serves as the President of Parent Project, Inc. He is a retired Police Supervisor with 18 years of Law Enforcement experience and has 22 years experience as a parent educator. Bud is a past recipient of the California Governor's Award of Excellence for Outstanding Contributions in Crime Prevention and the California Youth Authority's Individual Service Award. His educational programs for families with high-risk youth have been formally recognized by members of the United States Congress, the California Legislature, the Los Angeles County Board of Supervisors, and the U.S. Department of Education.



**ROGER H. MORGAN, PSY.D., CO-AUTHOR.** Dr. Morgan is a Psychologist practicing in Southern California, specializing in the treatment of children and adolescents with behavior problems. His interest is working in a short-term therapeutic model, helping parents to apply behavioral interventions at home. Dr. Morgan has over 30 years experience with high-risk families and teens, Dr. Morgan continues to pioneer the use of psychoeducational programs to improve the accessibility of mental health care.

## TRAINING SCHEDULE

### Training Includes:

- Breakfast & Lunch Daily (vegetarian plate available)
- Teacher's Guide
- Program CD
- Sample Parent Guide
- Facilitator Guide
- On-going Technical Support
- Free Parent Referral Service
- Web-based Listing for Your Local Program

- Day One: 8AM to 5PM**
- Day Two: 8AM to 5PM**
- Day Three: 8AM to 5PM**  
Teen Curriculum, 6-9PM, (optional)
- Day Four: 8AM to 5PM**
- Day Five: 8AM to 4:45PM**

For training schedule details visit our site: <http://parentproject.com/overview.html>

## CALIFORNIA TRAINING LOCATION & ACCOMMODATIONS

The Ayres Hotel & Suites is located just one-half mile north of Ontario International Airport, California (at the northeast corner of Holt & Vineyard Avenues). Hotel services include complimentary airport limo service and full breakfast. Amenities include in-room refrigerator, microwave oven, pool and spa. Special room rate for this training is \$87 (sgl/dbl) or \$94(tpl).

For room reservations call The Ayres Suites at 1-800-248-4661. **Room reservations MUST be made 21 days prior to training date.** This facility is handicap accessible.



**The Ayres Hotel & Suites**  
1945 E. Holt Blvd.,  
Ontario, CA 91764

## A BLUEPRINT FOR COMMUNITY LEADERS

### THE GOAL

To train a cadre of professionals and volunteers to work with families to:

- Reduce Youth Gang Involvement
- Strengthen the Family Unit
- Strengthen Parent Involvement
- Strengthen School Attendance and Performance
- Reduce School and Community Violence
- Reduce Teen Alcohol and Other Drug Use

### THE TRAINING

**The Parent Project:** simply the most comprehensive and effective training on high-risk youth available today. As a participant you will...

- Identify specific needs of parents with out-of-control/difficult children
- Discuss and apply the most effective behavioral interventions to change destructive adolescent behavior
- Develop group facilitation skills designed to increase parents' participation, motivation, and learning
- Practice effective adult teaching strategies and instructional techniques
- Practice curriculum delivery
- Lead a topic-focused parent support group
- Apply strategies for overcoming barriers to parent participation
- Enhance team-building techniques for program development

### THE OUTCOME

**The Parent Project** provides you with tools that effectively change lives! All participants will:

- Develop curriculum content expertise
- Work more confidently and effectively with high-risk families
- Know how to help parents develop a plan to prevent or intercede in their children's destructive behavior
  - Develop a collaborative community implementation plan
  - Be certified to facilitate **Parent Project** groups

## REGISTRATION IS EASY!

### TRAINING WEEKS

- ONTARIO, CA
- March 7-11, 2011
- June 20-24, 2011
- October 17-21, 2011

CALL FOR INFORMATION  
Vacaville, CA 3/14-18/11

Name: \_\_\_\_\_  
 Organization: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 County: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 email \_\_\_\_\_

PHONE: 800-372-8886

FAX: 702-293-6276

INTERNET:  
[www.parentproject.com](http://www.parentproject.com)  
MAIL: Parent Project®,  
PO BOX 60990  
Boulder City, NV 89006

### TRAINING PAYMENT

- Choose Payment Option
- Enclosed check for \$750
- Purchase Order enclosed
- Charge \$750 Credit Card
  - Master Card
  - Visa

Card #: \_\_\_\_\_  
 Exp. Date: \_\_\_\_\_  
 Signature: \_\_\_\_\_

### TRAINING OPTIONS:

- 40 CEU's for CA LCSW's, MFT's
- 37 CEU's STC Cert.

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**RESERVATION POLICY:** Make your reservations early. Limited availability. Unpaid reservations can be held a maximum of 10 days.

**REFUND/CANCELLATION POLICY OPTIONS:** Notification up to 30 days prior to training—send alternate; reschedule next available slot. Notification up to the day of training, send alternate, or, reschedule if your space can be filled from the waiting list.

**OTHER OPTIONS:** (check all that apply)

- Send information on bringing Parent Project® Facilitator Training to my community
- Send additional information on Parent Project®
- Send a preview copy of the Parent Workbook (Adolescent) Enclosed is my check for \$50. I agree not to photocopy or otherwise reproduce this copyrighted material. \$40 will be refunded if returned within 60 days in good condition.
- Send a preview copy of the Loving Solutions parent Workbook (ages 5-10) w/special ADD/ADHD issues. Enclosed is a \$50 check. I agree not to photocopy or otherwise reproduce this copyrighted material. \$40 will be refunded if returned within 60 days in good condition.



Call or Visit Our Website for Other Training Locations and Dates [www.parentproject.com](http://www.parentproject.com)